

GUIDELINES FOR CHAMBER OCCUPANTS

At **Sabrael Wellness** the safety of our patients is our number one priority. In order for us to assure your safety, please abide by the following guidelines for HBOT chamber occupants.

1. Any item that enters the chamber must be cleared by a hyperbaric technician prior to entering the chamber. The goal is to enter the chamber with the least amount of items possible (ideally if you do not need the item for the time you will be in the chamber, the leave it outside).
2. Parents are expected to accompany their child in the chamber.
3. If additional family members are present, we ask that they wait in the waiting area or in the kitchen. This preserves client confidentiality while in the chamber room.
4. Depending on your pressure protocol, 100% cotton may be required. WE suggest avoiding synthetic materials, nylon, polyester..etc. Patient gowns are available if needed.
5. Please limit cosmetic products, especially oil based products. Most cosmetics are not tested for use under pressure and we are unsure how your skin will react to the cosmetics with oxygen and pressure.
6. Shoes need to be removed before entering the chamber
7. It is highly recommended that everyone use the restroom prior to treatment—this limits the loss of treatment time. For an incontinent condition, a urinal can be provided.
8. To help time pass, Sabrael Wellness has available DVD players, Leapster games, and other board/puzzle type activities. Only one DVD player is allowed per patient.
9. Blankets are available for your comfort inside the chamber.
10. No food or drinks are allowed in the chamber (except for water in a resealable container)
11. Do not tamper with the chambers inner valves and switches. Also, avoid stretching, bending, and excessive pulling of the oxygen hood hoses. They are set specially for your treatment(s) and do not need to be adjusted except by the HBOT technician. Doing so may compromise the treatment protocol.
12. If you have any questions or concerns, please address the to a staff member. There is no such thing as a thoughtless question.

Patient or Parent/Guardian Signature

Date

Clinic Staff Signature

Date